



**VCU** Institute for  
Women's Health

# Health of Women 2023

May 18-19, 2023

Virtual conference


[Register | vcu.cloud-cme.com/hw2023](https://vcu.cloud-cme.com/hw2023)

Presented by the VCU Institute for Women's Health and VCU Health Continuing Education,  
in collaboration with

**JOURNAL OF  
Women's Health**

**Women's Health  
Reports**

 Society for  
Women's Health  
Research



The Health of Women 2023 is designed with you in mind. We've crafted an agenda following our valued approach of addressing women's health across the life span and will address the challenges and nuances of sex and gender medicine throughout the conference. This virtual event caters to the learning needs of primary care physicians, nurse practitioners, nurses, physician assistants and other healthcare professionals focused on women's health in family practice, internal medicine, and obstetrics and gynecology.

## Course Directors & Planning Committee



**Chair | Susan G. Kornstein, MD**

Professor, Departments of Psychiatry and Obstetrics and Gynecology  
Executive Director, Institute for Women's Health  
VCU School of Medicine  
Editor-in-Chief, Journal of Women's Health



**Scientific Program Chair | Wendy S. Klein, MD, MACP**

Associate Professor Emeritus, Departments of Internal Medicine and Obstetrics and Gynecology  
VCU School of Medicine  
Medical Director Emeritus, Health Brigade



**Co-Chair | Lisa Ellis, MD, MS, MACP**

Executive Director of Wellness for Providers and Trainees  
Associate Professor, Departments of Internal Medicine and Obstetrics and Gynecology  
Trauma Informed Professional Coach  
VCU School of Medicine



**Jo Lynne Robins, PhD, RN, ANP-BC, CHTP, AHN-C**

Associate Professor, Department of Adult Health and Nursing Systems  
Director, PhD Program  
VCU School of Nursing



**Co-Chair | Phoebe A. Ashley, MD, MS, FACC**

Professor of Medicine  
UCSF School of Medicine

## Course Objectives

At the conclusion of this activity, learners will be able to:

- Describe recent advances in screening and treatment of a variety of topics related to women's health, including cardiovascular health, breast health, bone health, mental health, reproductive health, and sex and gender differences that impact care.
- Explain current data that will facilitate the prevention, diagnosis, and management of disorders and diseases in women, including cardiovascular health, breast health, bone health, mental health, reproductive health and sex and gender differences that impact care.
- Identify evidence-based approaches to management of disorders and diseases in women, including cardiovascular health, breast health, bone health, mental health, reproductive health, and sex and gender differences that impact care.

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# Schedule | May 18-19, 2023

Featuring live presentations with live Q&A after each presentation

## Thursday, May 18

All times are Eastern.

### EVENING

- 7:00 **Vivian Pinn Award for Excellence in Women's Health Research**  
**Sex Differences in Infectious Disease Outcomes**  
Sabra Klein, PhD
- 7:40 **Bernadine Healy Award for Visionary Leadership in Women's Health**  
**Decades of Underrepresentation of Women in Clinical Trials:  
How to Pick Up Where Bernadine Left Off**  
Rita Redberg, MD, MSc
- 8:20 **Women's Health Policy and Advocacy Award**  
**Addressing the Gaps in Women's Health Care:  
A Call for Improving Access, Coverage, and Affordability**  
Alina Salganicoff, PhD
- 9:00 **Adjourn**

## Pre-Conference Symposium hosted by the Society for Women's Health Research

### Thursday, May 18 | Noon to 1:30 pm Emerging Topics in Women's Health: A Focus on Uterine Health

For more than 30 years, the Society for Women's Health Research (SWHR) has led interdisciplinary groups of researchers, health care providers, patient advocates, and policy leaders to address diseases and conditions that disproportionately, differently, or exclusively affect women. SWHR's work in the uterine health space has been leveraged to inform disease prevention and treatment and to provide guidance for research, clinical trials, and effective policy solutions.

This symposium will discuss advancements in research and women's health care, with special emphasis on uterine health conditions such as endometriosis, uterine fibroids, and infertility. Panelists will present strategies as to how research, clinical, and policy stakeholders can collaborate to address persistent research gaps, disparities, and unmet needs in uterine health. Attendees will then engage in Q&A with the panel to discuss approaches to improve uterine health outcomes for women across the lifespan.

Find out more at <https://bit.ly/swhr-preconf23>. No CME or CEU credit offered for the complimentary pre-conference symposium.



## Friday, May 19

### MORNING

- 8:55 **Introduction**  
Susan Kornstein, MD
- 9:00 **News You Can Use: Recent Studies That Have Changed My Practice**  
Melissa McNeil, MD
- 9:45 **Breast Cancer Care in Older Women**  
Kandace Peterson McGuire, MD
- 10:30 **Break**  
Join us for a Chair Yoga session or visit with exhibitors
- 10:45 **Perinatal Depression: An Overview**  
Bushra Shah, MD
- 11:30 **Tiny Fires Everywhere: How Inflammation Affects Heart Disease in Women**  
Karol Watson, MD, PhD

### AFTERNOON

- 12:15 **Extended Break**  
Connect with your colleagues or visit with exhibitors
- 1:00 **Trudy Bush Lecture**  
**Ovarian Insufficiency: Clinical Spectrum and Management Challenges**  
Cynthia Stuenkel, MD, NCMP
- 1:45 **Too Much, Too Little, or Too Late: A Practical Approach to Menstrual Disorders**  
Nicole Karjane, MD
- 2:30 **Break**  
Visit with exhibitors
- 2:45 **STI & Monkeypox Update 2023: Clinical Insights**  
Laura Bachmann, MD
- 3:30 **GI Disorders in Women: Pearls for the Practitioner**  
Patrick Young, MD, MACP, FACG, FASGE
- 4:15 **The Challenges of Osteoporosis Management in 2023**  
Robert Adler, MD
- 5:00 **Adjourn**

## Registration | Online at [vcu.cloud-cme.com/hw2023](https://vcu.cloud-cme.com/hw2023)

### Registration Fees

- \$195 Physician/PhD/Policy maker/Industry  
\$120 Nurse/Allied Health Professional  
\$50 Medical Students and Residents

### Cancellation Policy

Registration fee, less a 15% non-refundable administrative fee, will be refunded only if written notice of cancellation is received via email to [ceinfo@vcuhealth.org](mailto:ceinfo@vcuhealth.org) on or before **May 3, 2023**. There will be no refunds after that date.

## Faculty

### **Robert A. Adler, MD**

Chief, Endocrinology and Metabolism  
Richmond Veterans Affairs Medical Center  
Professor of Internal Medicine  
VCU School of Medicine

### **Laura Bachmann, MD, MPH**

Chief Medical Officer, Division of STD Prevention  
DSTDP Clinical Team Lead,  
Program Development and Quality Improvement Branch,  
DSTDP, CDC  
Professor of Medicine  
Wake Forest University Health Sciences

### **Nicole W. Karjane, MD**

Professor, Department of Obstetrics and Gynecology  
Residency Program Director  
VCU School of Medicine

### **Sabra Klein, PhD**

Professor, Department of Molecular Microbiology and  
Immunology  
Co-Director, Johns Hopkins Center for Women's Health, Sex,  
and Gender Research  
Johns Hopkins Bloomberg School of Public Health

### **Kandace McGuire, MD, FACS**

Professor of Surgery  
Chief, Section of Breast Surgery  
Division of Surgical Oncology  
VCU School of Medicine

### **Melissa McNeil, MD, MPH, MACP**

Teaching Faculty  
Warren Alpert Medical School of Brown University  
Professor of Medicine and Obstetrics, Gynecology,  
and Reproductive Sciences  
University of Pittsburgh School of Medicine (ret.)

### **Rita F. Redberg, MD, MSc**

Professor of Medicine  
Araxe Vilensky Endowed Chair in Cardiology  
UCSF School of Medicine  
Editor, JAMA Internal Medicine

### **Alina Salganicoff, PhD**

Senior Vice President  
Director, Women's Health Policy  
Kaiser Family Foundation

### **Bushra Shah, MD**

Assistant Professor of Psychiatry  
VCU School of Medicine

### **Cynthia Stuenkel, MD, NCMP**

Clinical Professor of Medicine, Endocrinology and Metabolism  
UC San Diego School of Medicine

### **Karol Watson, MD, PhD**

Professor of Medicine/Cardiology  
Co-director, UCLA Program in Preventive Cardiology  
Director, UCLA Barbra Streisand Women's Heart Health  
Program  
David Geffen School of Medicine at UCLA

### **Patrick E. Young, MD, MACP, FAGG, FASGE**

Professor of Medicine  
Uniformed Services University

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## Accreditation and Educational Credit



JOINTLY ACCREDITED PROVIDER  
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, VCU Health Continuing Education is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

VCU Health Continuing Education designates this live activity for a maximum of 9.00 **AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

VCU Health Continuing Education designates this activity for a maximum of 9.00 **ANCC contact hours**, including 2.3 pharmacotherapeutic contact hours. Nurses should claim only the credit commensurate with the extent of their participation in the activity.

## Disclosure Statement

In compliance with ACCME standards, all planner and presenter relationships with commercial supporters have been resolved according to VCU's Policy on Conflict of Interest. All presenting faculty affirm that they will employ the best available evidence from all sources to support any clinical recommendations made in their presentations. If learners detect any commercial bias in any presentation, they should document their observations in the activity evaluation.

## Accommodations

All participants have the right to participate in this continuing education activity without discrimination due to age, race, ethnicity, religion, culture, language, physical or mental disability, socioeconomic status, sex (sexual orientation, gender identity or expression and pregnancy), protected veteran status, marital status, genetic information, or any other protected characteristics under applicable federal, state, or local law. If you need accommodations to participate in this activity, please contact us at [ceinfo@vcuhealth.org](mailto:ceinfo@vcuhealth.org) for more information.

## Disclaimers

Minimum and maximum numbers for attendance at this event have been established, and we reserve the right to substitute speakers/topics, adjust credit hours or cancel if necessary.

By attending this event you grant VCU Health Continuing Education the right at the event to record, film, photograph, or capture your likeness in any media and to distribute, broadcast, use, or otherwise disseminate, in perpetuity, such media without any further approval from or any payment to you.

## Complaint Policy and Resolution Process

All complaints must be made in writing to [ceinfo@vcuhealth.org](mailto:ceinfo@vcuhealth.org).

All complaints will be logged into the complaint log. The Director, Continuing Education will attempt to resolve the complaint within the first contact, when possible, and will respond to the client and customer's concerns within 5 business days of the initial complaint. At the time of the first contact, Director, Continuing Education will inform the complainant if more time will be needed to research the complaint.

If the complaint is still unresolved after communication with the Director, Continuing Education, or if the initial complaint is not addressed in a timely manner, the complainant may contact the President & CEO, UHS-PEP. The President & CEO will then contact the complainant and endeavor to resolve the complaint within 10 business days after being contacted.

The complaint log will be regularly reviewed to identify areas of operations and service that may require improvement. The Director, Continuing Education will research reoccurring complaint matters and recommend process and procedure changes, when appropriate. These changes will be noted on the Complaint Resolution Log, and any necessary policy and/or procedure updates will be made within 15 business days thereafter.

## Questions and Information

VCU Health Continuing Education  
Box 980048 | Richmond, VA 23298  
804.828.3640 or 800.413.2872 | [ceinfo@vcuhealth.org](mailto:ceinfo@vcuhealth.org)

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